



ACTIVITY CALENDAR

FEBRUARY 2019

SERENE IDIGARAI

Timing	Sun	Mon	Tue	Wed	Thu	Fri	Sat
7:00 am to 8:00 am Active Exercise and Stretching						1 ● ● ●	2 ●
10:00 am to 11:00 am Sanskrit Class	3	4 ● ●	5 ● ●	6 ● ●	7 ● ● ●	8 ● ● ●	9 ●
6:00 pm to 7:00 pm Vishnu Sahasranamam	10	11 ● ●	12 ● ●	13 ● ●	14 ● ● ●	15 ● ● ●	16 ●
6:00 pm to 7:00 pm Lalitha Sahasranamam		17 ● ●	18 ● ●	19 ● ●	20 ● ●	21 ● ● ●	22 ● ● ●
5:00 pm to 6:00 pm Yoga Class		23 ● ●	24 ● ●	25 ● ●	26 ● ●	27 ● ● ●	28 ●
4:30 pm to 7:00 pm Movie Screening		29 ● ●	30 ● ●	31 ● ●	1st ● ● ●		



Birthdays

DATE	NAME	UNIT	DATE	NAME	UNIT
5th	Bala P Swamy	A 304	19th	K.B.Kakkamallan	C 404
8th	T. Muthiah	C 403	19th	Venkatapathy	A 206
10th	Krishnakumari Kesavan Nair	C 210	20th	Kunju Kutty	D 406
13th	Porkodi S Pandian	B 208	20th	Radha Rajan	C 409
13th	Savithri Rangasamy	E 107	26th	P. Eswardas	E 402
15th	Sulaba Alfred K Thacker	C 204	26th	Chandrasekaran	E 407