



# ACTIVITY CALENDAR

APRIL 2019

SERENE ROSE

Timing	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 4:30 pm to 5:30 pm Active Exercise + Stretching</li> <li><span style="color: blue;">●</span> 4:30 pm to 5:30 pm Active Exercise + Balance &amp; Coordination</li> <li><span style="color: green;">●</span> 4:30 pm to 5:30 pm Active Exercise + Vertigo Exercise</li> <li><span style="color: yellow;">●</span> 4:30 pm to 5:30 pm Active Exercise + Swiss Ball Exercise</li> <li><span style="color: magenta;">●</span> 3:00 pm to 4:00 pm Active Exercise + Teach Each One Session</li> <li><span style="color: red;">●</span> 4:30 pm to 7:00 pm Movie Screening</li> </ul>		1 ●	2 ●	3 ●	4 ●	5 ●	6 ● ●
	7	8 ●	9 ●	10 ●	11 ●	12 ●	13 ● ●
	14	15 ●	16 ●	17 ●	18 ●	19 ●	20 ● ●
	21	22 ●	23 ●	24 ●	25 ●	26 ●	27 ● ●
	28	29 ●	30 ●				



## Birthdays

DATE	NAME	UNIT
1st	Visalakshi	C - 401
4th	Sheela	C- 410
6th	Ragothaman	C-104
7th	Ramakrishnan	C-102