



ACTIVITY CALENDAR

FEBRUARY 2019

SERENE ROSE

Timing	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<ul style="list-style-type: none"> 3:00 pm to 4:00 pm Active Exercise + Teach Each One Session 						1	2
<ul style="list-style-type: none"> 4:30 pm to 5:30 pm Active Exercise + Stretching 	3	4	5	6	7	8	9
<ul style="list-style-type: none"> 4:30 pm to 5:30 pm Active Exercise + Balance & Coordination 	10	11	12	13	14	15	16
<ul style="list-style-type: none"> 4:30 pm to 5:30 pm Active Exercise + Vertigo Exercise 	17	18	19	20	21	22	23
<ul style="list-style-type: none"> 4:30 pm to 5:30 pm Active Exercise + Swiss Ball Exercise 	24	25	26	27	28		
<ul style="list-style-type: none"> 4:30 pm to 7:00 pm Movie Screening 							



Birthdays

DATE	NAME	UNIT
12th	Dr. B.K.Gopalakrishnan	C 307
17th	P.N.Jambunathan	C 109
20th	Kalaiselvi	C 306
21st	Saradha Murali Kesavan	C 302
25th	Rengasami	A 201