



ACTIVITY CALENDAR

FEBRUARY 2019

SERENE URBANA

Timing	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<ul style="list-style-type: none"> 07:00 am to 08:00 am Yoga Class 11:00 am to 12:00 pm Stretching Class 11:00 am to 12:00 pm Breathing Exercise 07:00 am to 08:00 am Tai Chi Exercise 4:30 pm to 6:30 pm Movie Screening 						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28		



Birthdays

DATE	NAME	UNIT	DATE	NAME	UNIT
1st	Radha Mathew	B2-205	2nd	Dr.Vanaja Rangaswami	B4-608
3th	Vaijyanthi Desigan	B2-605	4th	Santhosh Suri	B2-408
7th	Leelavathi Chandrasekar	B2-101	7th	V.K.Raman	3B-204
10th	Jeevitha	B4-205	13th	Uma	B4-304
19th	Anandamma	B4-307	19th	C.R.Sankara Narayanan	3A-206
19th	R.Ashok Kumar	3A-108	22th	Vatsala Rao	B1-104
26th	R.Viswanathan	3A-008	28th	V.Chandrasekaran	B2-106